

# NEWHOUSE NEWS

## A FAMILY NEWSLETTER

### EGGS IN OUR BACKYARD!

We were told the chickens would start laying in October but were surprised with the egg we found at the end of August. It was bigger than we expected and was double yolked!

Since then we have enjoyed finding eggs (more recently two) each day and we have gotten a few more double yolked ones. We have been letting them out daily allowing them to find huge grubs and other bugs in our yard – no wonder the eggs are so tasty!



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### HOW'S IT GROWING?

The long hot summer is finally coming to an end! We're still enjoying lots of yellow pear tomatoes, onions, and all kinds of herbs. There are lots of melon vines everywhere and we don't remember planting it!

<< Our first luscious cantaloupe

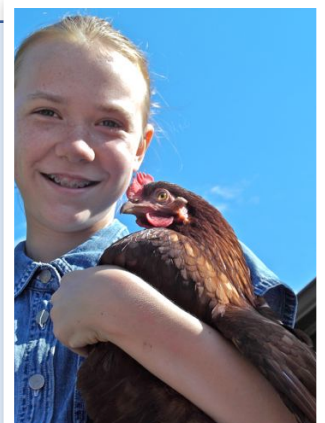


Onions, basil, sage and garlic for crock pot chicken and potatoes (NOT our chicken)



HAPPY 12TH BIRTHDAY BETHANY  
(See her new braces in the chicken picture?)

Yummy gluten-free cake, homemade ice cream, & a new collectible doll!



### SEW... WHAT'S UP?

Jordan was recently hired by WhiteFire Publishing to design and sew this [1870 wool traveling outfit](#) for the cover of a historical novel coming out in January 2012. She featured WF's Senior Acquisitions Editor Rosanna White on her blog [last June](#), and Mrs. White clicked around the site. When her company needed a new designer, she thought of Jordan! The measurements of the model were the same as Jordan's, so she decided to rent the outfit to WF, which enabled her to make it higher quality than they could have afforded. Plus, Jordan gets the dress back!





## NEWHOUSE NEWS

CELEBRITY  
CORNER/  
BOOK NOOK

pictured: Jocelyn (founder of Casa Grande Organics Buying Club, our “sister” group), Green Smoothie

Girl Robyn Openshaw visiting from Utah, and Kim)

Kim won the raffle for the *12 Steps to Whole Foods* set (which included videos, audio, and recipe books) from the Green Smoothie Girl when she came to Tucson to speak about healthy eating. We’ve been having gatherings at our house with members from our buying club to watch the videos and try out the recipes together. Yummy fun! Robyn just posted about our parties on her blog [here](#) (scroll down for pictures).

**Basic Recipe for Green Smoothies**

(must use Vitamix or Blendtec to get everything liquified without burning out your blender!)

Blend well 3 c. cold water plus a few handfuls of greens and sprouts (up to 6 c. line).

Add frozen and fresh fruit until filled to the top and blend until smooth. We also throw in fresh mint, celery, carrots, hemp protein powder, ginger, avocado, cacao nibs, hemp, chia or flax seeds, etc!

Green smoothies don’t have to look green – just add some red berries or a little beet to get this beautiful color.



[Quaver](#) is the Bill Nye of the music education world (their company can’t say that but WE can!) Check out

his website for free demos – he had a very fun workshop at the state homeschool convention and we enjoyed meeting him very much.

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[Daniel Tekunoff](#) is a local musician who happened to be at the booth next to Jordan’s at the state homeschool

convention. We enjoyed his classical guitar music so much that we



purchased a CD – go to the [link](#) and

give a listen! Jordan did well at her Young Entrepreneur's Booth; many people enjoyed



her art and sewing creations.



## A Trip to Mt. Lemmon

We stayed in a friend's cabin for a few days to take a break from the Arizona heat. The mountain had been closed for part of the summer due to extreme drought conditions – there have been terrible forest fires in recent years.

Highlights included the amazing sunsets (featured at the top of each page), catching tadpoles in a nearby stream, eating wild raspberries, and playing in and near the cabin.

Grandma & Papa Newhouse joined us for breakfast in Ski Valley and some hiking nearby. The boys befriended a nice fisherman who taught them lots about fish and crawdads!

